



WEEKLY CONTACT

Unitarian Universalist Church of Sarasota Established in 1952

Email Submissions to: sunday@uusarasota.org

Deadline: Tuesday, 12 noon

November 25, 2018

SUNDAY EVENTS, NOVEMBER 25

UUCS

10:30 a.m. "Reflections on the *Book of Joy* and the Eight Pillars of Joy," sermon by Mary Lou Keller

A thoughtful gift at the right moment can brighten a life forever. The *Book of Joy* was such a treasure. His Holiness the Dalai Lama and Archbishop Desmond Tutu share a deep friendship and a great sense of humor, and here they engage in an enlightening conversation on how to find lasting happiness in a changing world. Mary Lou will share some highlights and how she's applying this teaching.

Music: Bob Delfausse, trumpet, Don Bryn, piano

Bob Delfausse has been a professional trumpet player from his high school days. He discovered early on that he had a knack for improvising. Determined to one day receive a salary and benefits, he earned graduate degrees in music (MA in Trumpet Performance and Ph.D. in Music Theory). Bob now lives with his wife, cellist Ann Alton, in Venice, Florida, and has become heavily involved with the musical scene in this area. He has been the Director of the Venice Community Orchestra for four years.

9:30 Forum: "How Fascism Works - Part I"

The first part of this two-part presentation will focus on the ten elements of a fascist movement as described by Jason Stanley (2018). Questions for the Forum to include: 1) What is fascism? 2) Can we confidently identify fascist intent? 3) Are we facing a fascist threat in America? Presenter Dale Anderson, Moderator Fred Sirasky.

UNITARIAN UNIVERSALISTS OF LAKEWOOD RANCH

www.uulakewoodranch.org

In November, our Lakewood Ranch congregation will meet at **10 a.m.** at the Hyatt Place Hotel, 6021 Exchange Way. When exiting East on University Pkwy, take the first left onto Market Road, then left onto Exchange. Drive 400 yards and the Hyatt Place will be on your right.

RELIGIOUS EDUCATION (RE)

Catherine Bonner, DRE@UUSarasota.org

The Sunday after Thanksgiving is generally lightly attended by families yet those children who attend will be treated to the story of *The Stinky Cheeseman* and will make and create with playdough. Jeff Borelli and Ms. Rosario will be leading this fun time. Teens may join their parents in church for the service or assist Jeff and Ms. Rosario.

Playground Revisioning Task Force: Join our teens and their leaders on December 2 after the first service to give your thoughts and ideas on how we can create the Playground into a resource that meets our children's needs and provides space for others, too. The meeting will be held on the Playground starting at 11:15 and will last 30 minutes. Grab a coffee and come join us!

OTHER SUNDAY EVENTS

November 25 Authors' Showcase Postponed

The UU Authors' Showcase, originally scheduled for November 25, 2018, is **postponed until Sunday, March 3, 2019**. Due to our unexpected responsibilities related to the recent election and manual recount and because of the Thanksgiving holiday, we have simply run out of time to properly plan, publicize and present the event on the announced date. We regret any inconvenience and look forward to seeing all of you in the Spring.

PARTNER CHURCH NEWS

We raised \$1,383 this past Saturday at our fund-raising dinner! Thanks to all who attended and helped us support the education fund of the Korond church.

ADULT PROGRAMS

Personal Growth / Renewal: – Something new – an interactive workshop series on personal growth and renewal topics, beginning Sunday January 6 at 2:00 p.m. in the Reeb Room and continuing on the first Sunday of each month. To join the notification list email Phyllis Mufson at pmufson@comcast.net.

Chakra System: New series starts Tuesday, January 8--10:00 a.m. to 11:30 a.m. in the Reeb Room. Continues every other Tuesday for 7 sessions total. Sign up. Contact Alice Greenspan, flowrette5@gmail.com, 941 993-0479.

Everyday Spiritual Practice: New class. Starts Saturday December 1, 11:00-12:30 in the Reeb room. Ongoing the first Saturday of the month. Based on a book with the same name, which is a collection of chapters by various Unitarian ministers of their daily spiritual practices. Our group will meet once monthly to read together one chapter per session and then practice deep listening as we pass a talking stick and answer three questions about the reading. The book will be available at cost (\$10) the first Saturday, thereafter on designated Sundays in the courtyard. Purchase is not required to attend and there is no fee. No advanced preparation is required for the sessions, and you may attend one or more as you wish. All are welcome. Questions? Contact Bob Downie at rdownie@comcast.net or (609) 417-2460.

Tai Chi Easy: New Series starts Saturday January 5--9:30 a.m. to 10:30 a.m. in the Reeb Room. The series is 4 Saturdays total (Jan 5/Jan 12/Jan 19/Feb 2). Tai Chi Easy™ is a blend of simple medical Qigong techniques with carefully chosen Tai Chi exercises that are accessible to anyone. This gentle form of exercise can help maintain strength, flexibility, and balance, and could be the perfect activity for the rest of your life. Must register in advance. Early registration is recommended. Church Members: \$20 per Series. Community Members: \$40 per Series. Contact: Nancy Saum at nancy.saum@gmail.com, or 703-297-1749.

Games: Saturday, December 1, 1:00 p.m. to 4:00 p.m. in the West Wing. Ongoing the first Saturday of every month. Join us and exercise your mind with board games such as Scrabble. Attention UUCS Newcomers -- this is a great way to have fun and meet new people. Contact Dee Widder for more information, DeanaWidder@gmail.com or 941-377-9028.

Discovery and Discussion: Resumes Sunday December 2, 11:30 a.m. to 12:30 p.m. in the Reeb Room. Moderator: Susan Eisman. Coordinator: Dave Nelson - 2ndrow2@gmail.com or 941 251-4635.

CARING

Caring helps members and friends of our UU community with short term needs such as meals, transportation and visitations. Let me know if you would like to have or be a "buddy". Check out the wall rack in the Lexow for resource information in Sarasota. If you or someone you know needs assistance, please contact Dee Widder at 941 377-9028 or deanawidder@gmail.com.

OUR COMMUNITY

Jefferson Center: "More than a residence...a friendly place to live."

Almost fifty years ago, the Unitarian Church of Sarasota partnered with the Jefferson District of the UUA to create a non-profit corporation, take out a mortgage with HUD and build a ten-story residence on

the North Tamiami Trail. Its mission was to provide a home for seniors with low to moderate income. While Jefferson Center had no legal or official connection to our church, its board of trustees started with a majority of Unitarian board members. And the practice continued. For fifty years, volunteer UU board members have provided guidance and oversight and even some blood, sweat and tears to the successful operation of the Center.

In October that relationship ended with a transfer from the non-profit board to the Westminster Communities of Florida with a promise that the original mission would continue. A big thank you to all the UUCS board members past and present for your fifty years of volunteer service. You made a difference!

Richard Happy

A Great Opportunity for Winter Visitors to Serve the Church! Terrie-Anne Bjorek is doing the important job of scheduling the hospitality table each Sunday, but as we transition into two services, she will need a longer list of volunteers. If you can help by volunteering one Sunday a month on a regular basis during season, it would be a big help. Please call June Brasgalla to put your name on the list or write to juneb22@comcast.net.

First Responders: Are you a nurse, a doctor or have first aid training? Would you be willing to help out if someone in the congregation has a medical problem while at church? If so, please call the church office 371- 4974 so that we have a current list available.

Please consider parking in the Cardinal Mooney High School lot which provides extra parking space to us during the season, for your convenience. Drive into the main Cardinal Mooney entrance, then to the far southwest corner of their parking lot, closest to the church, and follow the signs to the church. Note that there are new handicap spots by the church library and another four handicap spots behind the sanctuary, with a ramp leading up to the sanctuary.

Happy Birthday to the following members:

November 27 Maxine Bellas
November 28 Kathy Cook
November 29 Judy Hoerr, David Winkler
November 30 Kalima Head, Louise McGrath, Mary Fran Raynault

If you are a member with a birthday this week that is not listed here, please inform the office.

OUR COMMITMENTS - SOCIAL JUSTICE

No Child Goes Hungry Grant: The UU Church of Sarasota has received a grant from **No Child Goes Hungry, Inc.**, a nonprofit organization dedicated to the elimination of childhood hunger by targeting local needs. Our church is partnering with the YMCA's **SchoolhouseLink**, a program that works with homeless families identified by Sarasota County schools. Our grant provides emergency food boxes to families with immediate food needs and welcome baskets with basic kitchen and cleaning staples to those who are becoming permanently settled. We have delivered 7 emergency food boxes and 6 welcome baskets so far and will continue to provide these as needed. If you are interested in helping with shopping, assembly and/ or delivery of these packages, contact Cindy Guest, cguest01@yahoo.com.

Schoolhouse Link Sarasota YMCA: Through Schoolhouse Link, Sarasota County School's official "homeless liaison," we provide emergency food boxes and welcome baskets for families becoming permanently settled.

This is Week 2 of the Fall campaign to support the UU Service Committee and its latest program, "Justice Across Borders" which is aimed at helping the migrants fleeing their homes in Central America. We are so fortunate to be blessed with what we have in this country and can be thankful to the UUSC for their work. They have partners on the ground on both sides of the border, helping those in need, be it asylum or assistance in their home countries. Ely Rosales works for human rights in Honduras with one of UUSC's partners, a radio station called **Radio Progreso**. He provides factual accounts of the news as it relates to the fraudulent election of President Juan Orlando Hernandez and environmental issues and police repression. He and the station's founder, Padre Melo,

recently testified before the Commission on Human Rights in the U.S. House of Representatives. The UUSC campaign opened with membership envelopes in the Order of Service on November 18. If you missed that, you can pick up envelopes at the Social Justice table on Sundays through December 9. Or you can go to UUSC.org/donate to renew your membership or begin a new one. Your donation of \$40 or more earns you and your family annual UUSC membership. Donations of \$125 or more are eligible to be matched by the UU Congregation at Shelter Rock, NY. For more information, contact our UUSC Liaison, Linda Bodycomb at lbodycomb@gmail.com or by calling 410-610-9118. Note: The Social Justice Share-the-Plate donations are not done in the month of November.

Bring your non-perishable food to place in the bright yellow All Faiths Food Bank (AFFB) barrel adjacent to the sanctuary. The food is sorted at AFFB and delivered to school pantries in Sarasota, Venice, Northport, Englewood and Arcadia.

The fair trade chocolate chips have arrived! You tasted them and you loved them! 70% cacao, vegan, free of the 8 major allergens. Stop by the Social Justice table after the service to own a bag of these yummy chips.

Looking for social justice information? Stop by the Social Justice table in the courtyard to learn about volunteer opportunities and to purchase fair trade items including chocolate, coffees, teas and olive oil. Also check out the Social Justice web pages on the church's website, go to uucarasota.com and click the Social Justice tab. For fair trade special orders, contact Suzie Brucklacher at justice@uucarasota.org, subject line, Fair Trade Special Order.

UPCOMING EVENTS

The Women's Book Group will be meeting on **Friday, November 30**, at 2 p.m. in the Teen Room. This is a change from our regular 4th Friday meeting because of Thanksgiving. We will discuss *The Soul of America: A Battle for Our Better Angels*, by John Meacham. It covers periods of American history that dealt with extremism and when hope overcame division and fear. Please join us at our next meeting.

Come to our UU Artists Market in the Lexow Wing on December 2 from 9:30 am to 1:00 pm. We will have UU artists selling fused glass items, jewelry, paintings and knitted items. We will also have extra snacks provided by the artists.

Cinema Conversations - Our next meet-up is scheduled for **Wednesday, December 5** at 7 p.m. in the Lexow Wing. Our topic will be "Can You Ever Forgive Me?" starring Melissa McCarthy. She portrays Lee Israel, a celebrity biographer (and cat lover) who made her living in the 1970's and 80's by using her unique skills deceptively. View the film on your own and then share your thoughts with us.

SUNDAY EVENTS, DECEMBER 2
Beginning Sunday, December 2, there will be two Sunday services, 10:00 and 11:30 a.m. The Forum will be held at 10:15.

10:00 and 11:30 a.m. "Hanukkah," Sermon by Rev Roger Fritts

The number of anti-semitic incidents across the US as a whole rose 57% in 2017, the largest single-year increase on record. We are all born into a complex and subtle web of prejudices. When it comes to Judaism, I try to overcome prejudice inside myself by learning about the Jewish traditions.

Music: 10 a.m. Choir, Don Bryn, piano; 11:30 a.m. Mindy Simmons and Ed Kinder

10:15 a.m. Forum: "How Fascism Works - Part II"

In the second part of our Fascism presentation, the focus will be on how to respond to a fascist political movement. Forum discussion questions: 1) Is the fascist threat over with the Democratic victories? 2) What additional tactics might a fascist movement initiate? 3) What actions can a UU member take to combat fascism? Presenter Dale Anderson, Moderator Don Diddams.

UNITARIAN UNIVERSALISTS OF LAKEWOOD RANCH
www.uulakewoodranch.org

10 a.m. service at the Hyatt Place Hotel.

