

## UUCS ADULT PROGRAMS SUMMARY – February 2019

Find more detailed information under the Adult Programs tab on the church website: [uucsarasota.com](http://uucsarasota.com) or contact the Facilitator. Watch for updates on the Bulletin Board.

- **Sign-up** means that Class sizes are limited and require advance registration—sign up early.
- **Email list** means that the facilitator will email details for each event—get on the list.
- **Drop-in** means you are welcome anytime—just show up.

Program	When/How	Time	Facilitator	Contact Information
<b>Bicycle Group</b>	3rd Monday Email list	Mornings Location varies	Nancy Saum	703-297-1749 Nancy.saum@gmail.com
<b>Bridge for Fun</b>	1st and 3rd Wednesday Email list	1:00 – 4:00 pm Reeb Room	Henry Bright	941-966-5784 henbright@aol.com
<b>Chakra System</b>	Scheduled Tuesdays: Sign-up	10:00 – 11:30 am Reeb Room	Alice Greenspan	flowrette5@gmail.com 941- 993-0626
<b>Cinema Conversations</b>	1st Wednesday Email list	7:00 pm Lexow Wing	Angela Carrubba	941-706-2050
<b>Crochet or Knit</b>	Tuesdays Sign-up	10:30 – 12:00 pm Teen Room	Lynda Hill	941-586-2828
<b>Death Café</b>	Saturday Mar 23 Sign-up	2:00 – 4:00 pm Reeb Room	Risa Marlen	201-741-6056 risa@lovingheartceremonies.com
<b>Discovery and Discussion</b>	Sundays (Except Potluck) Drop-in	11:30 - 12:30 pm Reeb Room	Dave Nelson	2ndrow2@gmail.com 941-251-4635
<b>Everyday Spiritual Practice</b>	1st Saturday Drop-in	11:00 - 12:30 pm Reeb Room	Robert Downie	rwdownie@comcast.net (609) 417-2460
<b>Forum</b>	Sundays Drop-in	10:15 am Reeb Room	Marie Keeney Don Diddams	941-350-9868 941-320-5570
<b>Freethinkers Lecture Series</b>	1st Friday Drop-in	10:00 – 12:00 pm Sanctuary	Steve & Carole Martin	freethinkersuucs@gmail.com
<b>Garden Crew</b>	Tuesdays Drop-in	9:00 – 10:30 am Courtyard	Diane Happy	941-316-6499
<b>Get Together Dinners</b>	4th Saturday Year-round Sign-up	6:00 pm Member Homes	Carole Malone Lynda Hill	941-755-3627 941-586-2828
<b>Great Decisions Group</b>	Scheduled Saturdays Sign-up	1:00 -3:00 pm Reeb Room	Karen Welcome	kmwelcome06@gmail.com
<b>Kayak Group</b>	1st Monday Email list	9:30 – 12:00 pm Location varies	Bill Orcutt	941-351-6769
<b>Mah Jongg</b>	2nd and 4th Wednesdays	1:00 – 4:00 pm West Wing	Mitzi Hogoboom	Mitzi.hogoboom@gmail.com (203) 246-9020
<b>Men's Group 1</b>	2nd/4th Monday Currently Full	7:00 – 8:30 pm Teen Room	Don Slate	dsslate@comcast.net 941 487-7086
<b>Men's Group 2</b>	1st/3rd Wed. Currently Full	12:00 – 3:00 pm Teen Room	Jack Carden	941-302-7755
<b>Men's Group 3</b>	2nd/4th Wed. Currently Full	1:00 – 3:00 pm Teen Room	Chet Pletzke	941-383-9773
<b>Mindfulness and Meditation</b>	Wednesdays Drop-in	12:00 – 1:00 pm West Wing	Charlie Bradt	acbradt@gmail.com
<b>Orchids Lovers' Group</b>	3rd Wednesday Drop-in	2:00 – 3:30 West Wing	Bob Milner	941- 217-6903 or milner571@hotmail.com
<b>Personal Growth &amp; Renewal</b>	Scheduled Sundays Sign-up/email list	2:00 - 4:00 pm Reeb Room	Phyllis Mufson	215-545-7259, pmufson@comcast.net
<b>Play Reading Group</b>	2nd/4th Friday	1:00 – 3:00 pm West Wing	Cyndy Rosso Dave Nelson	cynthiarosso032@gmail.com 2ndrow2@gmail.com
<b>Poetry Reading Group</b>	1st/3rd Monday Drop-in	1:00 – 3:00 pm West Wing	Laura Bagby Dave Nelson	Laura.bagby1948@gmail.com 2ndrow2@gmail.com

**See other side for more class information**

<b>Program/Class</b>	<b>When/How</b>	<b>Time</b>	<b>Facilitator</b>	<b>Contact Information</b>
<b>Savvy Women Who Stay (year round)</b>	3rd Tuesday UU Women Sign up	2:30 – 4:00 pm West Wing	Claire Flannery	Call or text: (310) 922-1743
<b>See Sarasota</b>	October - April Sign up for each trip	Location varies	Kathy Cook Lois Lee	941-923-1909 941-925-3140
<b>Short Story Group</b>	4th Monday Drop-in	2:00 – 4:00 pm Emerson Library	Joyce Armocida	937-532-6037
<b>Veterans Group</b>	3rd Wednesday Drop-in/Email list	9:00 - 10:30 am McDonalds 3828 Bee Ridge Rd	Barry Dyer	813-508-5671
<b>Women's Book Group</b>	4th Friday Email List	2:00 - 3:30 pm Teen Room	Sharon Seager	seagersrq@gmail.com 414-559-6632
<b>Women's Discussion Group</b>	1st/3rd Friday Sign up	1:00 – 3:00 pm Teen Room	Pat Allen	oreomojo@gmail.com
<b>Writing Group</b>	2nd/4th Wednesday Sign-up	2:00 – 4:00 pm Library	Muriel Redifer	murielredifer@gmail.com 941-926-4138
<b>Writing Your Life Story</b>	2nd/4th Monday Sign-up	1:00 – 3:00 pm West Wing	June Braggalla	juneb22@comcast.net
<b>Zen Buddhism: Study and Meditation</b>	Sundays Drop in	7:00 - 8:15 pm Reeb Room	Don Demaio Paul Lewis	941-371-8118 941-379-9854

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